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bio • carol kauffman

Dr. Carol Kauffman knows how to bring out the best in people. She works with people from all walks of life, from front lines to royalty, and brings over 40,000 hours of experience to her coaching clients. Her belief is that senior leaders would not be where they are if they didn't have massive skill sets. With her style of developing trusting, collaborative relationships, she gets client strengths aligned with what has to be done today. Clients have included C-level leaders at Unilever, AstraZeneca, Egon Zehnder, a Wealth Management Company, Health Care organizations and Telecommunications. Some of these engagements are short bursts as part of leadership development programs; others are a year or more.

Carol is the Founding Director of the Institute of Coaching located at McLean Hospital, Harvard Medical School where she is an Assistant Clinical Professor. She launched the annual Harvard Coaching Conferences, now given annually each September as well as the International Coaching Research Forum now also an annual working conference. She has taught at McLean Hospital, Department of Psychiatry at H.M.S. since 1985 and has been a senior supervisor for over 25 years. Dr. Kauffman is also a Diplomat of the American Board of Professional Psychology and is an Examiner for the Board.

As a regular Keynote speaker, Dr. Kauffman also runs Master classes and Workshops that range from half-day to three days on numerous topics related to leadership, development and strengths-based interventions. She has spoken recently in Germany, Netherlands, UK, Canada, China, Malaysia, Portugal and throughout the US.

As Co-Editor in Chief of the academic and professional peer-reviewed journal, ***Coaching: An International Journal of Theory, Research and Practice*** Dr. Kauffman writes regular editorials on coaching. She also Co-Edited the ***Special Issue in Positive Psychology*** of the ***International Coaching Psychology Review*** where she is on the editorial board. She has written numerous chapters and academic articles on coaching and positive psychology, including the groundbreaking 2009 Harvard Business Review article 'What your coach can do for you.'

Carol and her work are featured and quoted extensively in the media including the NY Times, Wall Street Journal, LA Times, USA Today, Business Week, Forbes and New York Magazine. She has coached live on radio and for a Canadian Broadcasting System documentary and was featured on the cover of Coaching at Work. In her spare time Carol loves spending time with her two grown children and husband at the family home in the Boston area. And despite being an introvert, she regularly charms small and big crowds with her unique talent for storytelling.

